

# At Your Leisure

ARIZONA STATE VETERAN HOME  
4141 N. 3RD STREET PHOENIX, AZ 85012  
602-248-1550 WWW.AZDVS.GOV

September 2009

## Resident Of The Month



The Arizona State Veterans Home is pleased to announce Redwoods resident Ed Kernan, as Resident of the Month for September 2009! Ed grew up in Illinois, One of nine children in the family. His dad was a farmer. Ed states, "I can't stand the cold." He eventually got a chance to come to Arizona in 1956 and hasn't looked back since! He was going to volunteer, but Uncle Sam got a head start and drafted him into the army at age 21. Ed served his country from 1951-1953 in the Korean War. His job was to keep communication lines open during the shooting.

### Inside this issue:

Family Council	2
Employee Associa-	3
Rec. Therapy Dept.	4
Wish List	5
Calendar Of Events	6
Donations	7

Editor

Candy Covarrubiaz

He used small portable phones, some required turning a crank to make work effectively. Ed was awarded the bronze star for bravery in his line of work in Korea. Ed is a hard-worker and has a great outlook on life. He believes in contributing to his home and community. Construction work has been his career of choice for twenty-plus years. He assisted with the building of Shamrock Dairy, a household name here in Phoenix.

Ed's favorite dinner is potatoes and gravy. He tinkers with tools and enjoys clear mornings and fishing. He also follows professional football and enjoys watching the games on T.V. At the ASVH Ed enjoys exercise and strength training activities. We thank Ed for his service and congratulate him on being our Resident of the Month!

Article By: Kirsten Witbeck

## Family Council

Please join the families of ASVH at the monthly Family Council Meeting that occurs every third Saturday of the month at 10:00 A.M. in the Training Center. This is a time for families of the ASVH to come together to resolve issues, express concerns, share ideas of how to improve the lives of our Veterans, as well be a support system for each other. We welcome you to participate and help define the Family Council. The next meeting will be September 19, 2009 at 10:00 A.M. and our guest speaker will be Thomas Creager the Administrator to the Arizona State Veteran Home.

If you would like more information about the family council, or if you are a family member who is not receiving the Family Council letter please call us at 602-248-1550 and we will be happy to assist you.

Thank You,

Family Council



# Happy Birthday!

Albert C Malott	09/01
Jack S McKenzie	09/05
Ray V Newby	09/06
Anthony R Holderness	09/06
Francis C Vangorder	09/08
Irieda A Minney	09/08
Carleta C Holder	09/13
Manuel M Smith	09/14
Joe E Fitzgerald	09/14

Earl L Smith	09/17
John M Schardt	09/18
Howard V Uhr	09/24
David M Mobley	09/27
Jack Q Wells	09/28
Max L Wilson	09/29
Richard L Burks	09/29
David Star R Coppes	09/29
Frank S Mell	09/29





# Employee Association

We want to thank the Employee Association for hosting a lunch for Resident Valet Services and Recreational Therapy Departments.





## **Recreational Therapy Department**

The Therapeutic Programs Department will be moving offices in the first part of September to the first floor close to the front desk. We are excited because we are moving to a larger area that will allow more opportunities for our veterans participation. We will be putting in the STMicroelectronics Computer Lab, an air hockey table that is sponsored by VFW Cooties Pup Tent 11. We will expand our American Legion Riders DVD Library and the Honeywell Library. We hope to add a slot car race track in the future once we find a sponsor. Volunteers will be able to record their visits with the Veterans in their own Volunteer office.

### **Volunteer Information**

On-going Volunteers needed:

Every Sunday Afternoon, 1:30 P.M.– 3:30 P.M. for Bingo and Ice Cream Social

Every Tuesday Morning, 10:00 A.M. – 11:30 A.M. for Cooking Group

Every Monday Morning, 9:30 A.M. – 11:30 A.M. for Coffee and Donuts

Every Tuesday Night, 6:30 P.M. – 8:30 P.M. for Table and Card Games

Special event volunteers needed:

Friday September 11 – 9/11 Remembrance and Garden Dedication

Saturday September 19 for an outing to view the Traveling Vietnam Wall

9:00 A.M. – 1:00 P.M.

Saturday September 26 for a barbecue luncheon at the home 12:00 P.M.– 2:00 P.M.

We need volunteers every day of the week, the groups listed above are highlighted because of a pressing need. If you are available any day of the week please contact Leslie Goin at 602-248-1575 or [lgoin@azdvs.gov](mailto:lgoin@azdvs.gov) to volunteer.

**Next Volunteer Orientation: Sunday September 20, 2009 at 10:00 A.M.**

**Next Reiki-Therapeutic touch training will be Saturday September 19, 2009 at 9:00 A.M.**

## Wish List

### Large Items

We are looking for an organization that would like to purchase, build and install a **slot car race track**. We need all the supplies including the slot cars.

### Veteran Specific

We have an indigent veteran at our home, looking for someone to support his smoking habit. He is requesting donations of **non-menthol filtered cigarettes**.

**\$10.00 gift certificates to our gift shop** account for a Veteran in need. This gives them extra spending money for miscellaneous items such as candy bars, soda and ice cream.

### Miscellaneous Items

**1 Small Keg or 3 cases of non alcoholic beer** for our barbecue on 9/26

**Pudding cups** of non-refrigerated puddings (sugar free or regular)

Cans of **Soda Pop**

Special Candy Requests: Individual serving bags of Skittles (original flavor), Reece's Pieces and Chocolate M&M's

**Donuts** for our weekly "Coffee House" (\$20.00 per week)

Donations may be brought directly to the home at 4141 N. 3<sup>rd</sup> Street, Phoenix, AZ 85012. Checks may be made payable to: Veterans Donation Fund, and mailed to the home, attention: Leslie Goin.

## Group Activities

Mark your calendar now – Saturday October 31<sup>st</sup>. **ASVH Renaissance Fair** We need organizations and individuals to sponsor a carnival booth and/or help with our barbecue.

**Fast Food Bring In's** – Sponsor residents to participate in a fast food lunch at a cost of \$6.00 each. Sponsor anywhere from 1 to 75 residents. (Though the residents enjoy the food that is served here, they are always looking forward to a pizza party!)

Sponsor a local musician to put on a **concert** \$125.00



# September

2009

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Please Check each units calendar for a more detailed calendar of events!

		<b>1</b> 10am Strength Training 11am Karaoke 6:15pm National Guard Casino Night	<b>2</b> 10am Neighborhood Council 2pm Crafts	<b>3</b> 10:15am Strength Training 2pm Blue Bingo	<b>4</b> 10:45am Leon Littleton Concert D-2 2pm Happy Hour	<b>5</b> 10am Blue Bingo—Training Center 1st Floor 11am HOV Pet Visits 2pm Club House
<b>6</b> 11am Catholic mass at VA (transport begins at 10am) 11am protestant services 2pm Blue Bingo & Ice Cream 3pm LDS Services	<b>7</b> 10am Coffee House 2pm Sun City Elks Bingo Labor Day	<b>8</b> 10am Strength Training 2pm Karaoke	<b>9</b> 10am Sensory Motor Group 2pm Food Committee 5:15pm Social/Games	<b>10</b> 10:15am Strength Training 12:30pm Harp Music 2pm Blue Bingo	<b>11</b> 10am 9/11 Memorial Garden 11:40am Todd Hagen in Concert 2pm Happy Hour	<b>12</b> 10am Blue Bingo 11am HOV Pet Visits 2pm Club House
<b>13</b> 11am Catholic mass at VA (transport begins at 10am) 11am protestant services 2pm Blue Bingo & Ice Cream 3pm LDS Services	<b>14</b> 10 am Coffee House 2pm Phoenix Elks Bingo	<b>15</b> 10am Cooking 1st floor 2pm Karaoke 5:15pm Social/Games	<b>16</b> 10am Sensory Motor Group 2pm Mind Bogglers 5:15pm Social / Games	<b>17</b> 10:15am Strength Training 2pm Monthly Birthday Party	<b>18</b> 10:45 Dave Swain in concert 11:20am Ken Walker in Concert 2pm Happy Hour	<b>19</b> 9am Outing: Traveling Vietnam Wall 10am Blue Bingo 11am HOV Pet Visits
<b>20</b> 11am Catholic mass at VA (transport begins at 10am) 11am protestant services 2pm Blue Bingo & Ice Cream 3pm LDS Services	<b>21</b> 10am Coffee House 2pm Leon Littleton & ice cream social 7pm American Legion Bingo	<b>22</b> 10am Cooking group 2pm Karaoke 5:15pm Social/games	<b>23</b> 10am Sensory Motor Group 2pm Crafts 5:15pm Social/Games	<b>24</b> 10:15am Strength Training 12:30pm Harp Music 2pm MOPH Bingo	<b>25</b> 10am Piñata Party 2pm Happy Hour	<b>26</b> 10am Blue Bingo 11am Cooties-Pup Tent #14 Visit Units 11am HOV Pet Visits
<b>27</b> 11am Catholic mass at VA (transport begins at 10am) 11am protestant services 2pm Blue Bingo & Ice Cream 3pm LDS Services	<b>28</b> 10am Phoenix Art Museum traveling Show 2pm Phoenix Elks Bingo	<b>29</b> 10am Exercise D-2 10am Cooking 1st Floor 2pm Karaoke	<b>30</b> 10am Sensory Motor Group 2pm Cambodia Slide Show 5:15pm Social/Games			

# Thank You To All Our Donors!

Daughters of Union Veterans of the Civil War

D.U.V.C.W.

Military Order of the Purple Hearts Chapter 792

REMEMBERaVET.net

VFW Post 3713

Disabled American Veterans Chapter 24

Orchid Society of Arizona

American Legion Auxiliary Post 35

DAV Chapter 20

## Puzzle

Labor Day

Fire Fighters

Officer

Liberty

Remembrance

Memorial

Pride

Military

Strength

Justice

Freedom

Fight

Goals

a	m	d	i	o	y	e	i	g	t	i	m	e
g	f	s	e	r	e	m	d	l	e	i	c	g
y	r	f	l	b	l	e	r	a	l	n	t	f
r	e	i	j	r	a	g	i	i	a	j	i	a
e	l	g	u	r	r	l	t	r	p	n	u	d
r	n	h	s	r	l	a	b	o	r	d	a	y
m	y	t	t	r	r	m	u	m	i	t	t	s
n	i	g	i	y	e	i	r	e	d	r	m	y
o	l	n	c	m	s	c	e	m	e	s	l	h
f	r	e	e	d	o	m	i	b	f	g	l	o
i	s	r	e	t	h	g	i	f	e	r	i	f
i	r	t	t	e	r	l	i	f	f	a	m	r
y	o	s	t	d	e	i	s	l	a	o	g	i



ARIZONA STATE  
VETERAN HOME  
4141 N. 3RD STREET  
PHOENIX, AZ 85012  
602-248-1550  
WWW.AZDVS.GOV

Thomas Creager

Administrator

